

SAFETY BASICS

FALL PREVENTION BASICS

Walk: Do not rush or run.

Watch where you walk!

Most fall injuries occur because people do not pay attention to slip and trip hazards when they are walking.

Hold on to hand and safety railings on stairways.

Practice good housekeeping.

Do not leave tools, electrical cords or place storage near walkways and stairways.

Close all file cabinet drawers and closet doors.

Do not carry materials that block your vision

